CROMER COURTESIES: - Offer help to an adult who has many things to carry.

NOTES HOME:

W11 Mon 14th Dec Tues 15th Dec Wed 16th Dec Thurs 17th Dec Fri 18th Dec
• CLASS PICNICS: K - 5
  • Yr 6 Graduation 9:15am
  • Yr 6 Excursion
  • Children’s Last Day!

W1 Mon 25th Jan Tues 26th Jan Wed 27th Jan Thurs 28th Jan Fri 29th Jan
• Australia Day Public Holiday
• Staff Development Day
• Students Return Yrs 1 - 6
• Yr 6 Graduation
• Kinder Best Start

T1
• Kinder Best Start
  • Textbook Sale Yrs 1 - 6

W2 Mon 1st Feb Tues 2nd Feb Wed 3rd Feb Thurs 4th Feb Fri 5th Feb
• Australia Day Public Holiday
• Staff Development Day
• School Council 7:30am

LOST PROPERTY

Please check all lost property baskets for any missing items. All lost property will be cleared out on 16th December. Lunch boxes and drink bottles will be thrown away, clothing will be donated to the Uniform shop for resale and toys will be donated to a charity. We also have a few special items in the office such as glasses, necklaces and opal cards.

Thank you for your assistance.
PRINCIPAL’S REPORT

PRESENTATION ASSEMBLIES

This will be my last newsletter report for 2015. As I put my hands on the keyboard I have attended six wonderful Presentation Assemblies for Kindergarten, Year 1, Year 2, Year 3, Year 4 and Year 5. Each has been a joy to witness as large grades of students have come together to celebrate their peers’ achievements and efforts this year. Individuals have been acknowledged and students have ably presented their memories. Each year has also performed a wonderful song for the audience and showcased a pictorial display of many of the students’ activities throughout 2015. Congratulations must go to our amazing students. I know teachers, parents and grandparents have been extremely proud of you! Well done, boys and girls!

YEAR 6

Next week Year 6 will participate in their Farewell and Graduation Assembly. This will be a very special time for Year 6 students as they complete their primary schooling. I wish to offer my sincere congratulations to the outgoing 2015 Student Leadership Team. Together with the current Year 6 you have been able ambassadors for Cromer PS both within and outside the school, in our Peninsula Community of Schools and the broader community.

In 2015, Year 6 students have contributed significantly to the corporate life of the school. You have been a fantastic grade and the entire staff acknowledge what great role models you have been. We wish you a great deal of happiness and success as you commence your secondary studies. Many best wishes for the future, Year 6!

ACKNOWLEDGEMENT OF STAFF

I would like to take this opportunity to thank my entire staff: Executive, Teaching, Administration, Specialist Support and Cleaning Teams. I am privileged to be the Principal of this wonderful school. I have said it before and it still stands, any school is only as good as the people who work in it on a daily basis. I have always regarded my staff as my extended family. I am very fortunate to have such multi-talented and caring individuals who together make an outstanding whole school team.

As I have sat in each of the Presentation Assemblies, I have seen the love, commitment and dedication of the Teaching and Support Teams. They have spent a year with their students and care deeply about every child wanting the best for them. From where I was sitting I saw the smiles on our students’ faces as each teacher talked about their class and thanked them for their commitment to learning, and for giving of their best to all they do. The smiles on students’ faces in the entire grade spoke volumes to me. You could see the mutual respect that exists between students and staff.

In every grade assembly I have acknowledged the Grade or Stage Supervisor and members of the Teaching Team. I have tried to share with the audience all the extra things that staff do not only for their class, but the grade, stage, the whole school and the Peninsula Community of Schools (PCS).

I have also endeavoured to acknowledge our Specialist Support Staff in different assemblies but have not done so in every one. Therefore, I think it is important to acknowledge them in writing via this newsletter. The Specialist Support Staff includes:

Release from Face to Face Program Teachers – Mrs Jill Bradford, Mrs Debbie Haddrick, Mrs Lauren Peisley and Mrs Di Sullivan who teach every student from K-6 – a gigantic undertaking. Music, Library and Visual Arts lessons and programs are delivered in an exemplary manner for the benefit of all learners;

Learning and Support – Mrs Katie Woodley, Mrs Liz Griffin and Mrs Sharon McEvoy have offered additional support to students and staff;

ESL/EALD and Reading Recovery – Mrs Sue Battaglene has worked with students from K-6 and provided intensive instruction to Year 1 students; and

Teacher Mentor – Mrs Sharon McEvoy whose expertise has supported staff to gain and maintain accreditation at different levels against the Australian Professional Standards for Teachers.

Miss Lynda Russo is the Assistant Principal Hearing who teaches within CPS and leads the Itinerant Hearing Team based at Cromer including Mrs Brenda Miller, Mrs Gemma Eves, Mrs Liz Griffin and Mrs Jenny Henry. Our School Counsellor, Mrs Lisa Terrill is a highly valued member of staff and the Learning Support Team. We are fortunate that she is based at Cromer. Together the Specialist Support Staff are an incredible team of educators who work with students from Kindergarten to Year 6 and support Class Teachers too.

In addition, we have an incredible team of School Learning Support Officers (SLSOs or Teachers’ Aides) who provide both in-class and playground support – Mrs Helen Brady, Mrs Kathy Boland, Mrs Mary Buccheri, Mrs Stephanie Simmons and Mrs Lea Joris. They extend a great deal of love and support to students needing additional learning support. Their commitment to special needs students is truly wonderful. I believe they are our angels.

The Administration Team are a very special group of hard working and dedicated people. On many occasions they are the first point of contact with new parents and students to Cromer PS. The way they support students, staff and
parents on a daily basis cannot be overestimated. We are indeed fortunate to have Mrs Donna Warne as our Business Manager. Her financial management, technological and administration skills are exemplary and we just would not survive without her. Mrs Kylie Jarrett, as our School Administration Manager (SAM) must be acknowledged for her outstanding leadership and support in all aspects of administration. Mrs Lynne Hand and Mrs Sharon Lorge are our School Administration Officers (SAOs) who beaver away doing so many tasks for students, staff and parents whether it be taking numerous messages, assisting with Reception, managing Sick Bay, ordering supplies, supporting the clerical side of the Library, keeping track of all Kindergarten enrolments, publishing the newsletter, photocopying etc. The list is endless and each one of these amazing ladies who work in our Admin Office brings a varied range of skills to the school community. I am indebted to each of them.

Mr Tom Meade, who is known as ‘Mr T’ by students and staff alike, is our incredible General Assistant. He does so many things in our buildings and grounds to keep this big ship afloat on a daily basis that many people would not be aware of to keep us all safe. I would also like to thank Vlado and Jinpa our cleaners who work tirelessly to keep the school as clean as possible. They face a never ending battle with the dust that comes off our grounds.

I also must acknowledge the support our students receive from Mr Kelvin Anderson and Mrs Kathryn Crossing. This year they have been joined by Mr Julian Baker and Mrs Karen Leimbach. Their combined musical expertise has been shared with Cromer students. Our bands and string ensembles have had so many magical experiences this year. Our students love of music and performance certainly is something that will support them throughout their schooling and in the future. Mr Greg Wetzler has provided technology support for our very large computer network. There has been many a day he has saved us when our system has encountered difficulties and both the teaching and administration teams truly appreciate his magic.

There are a number of changes to Staffing next year that were advised in the newsletter approximately two weeks ago. Class Teacher, Miss Pat Tizard will take up her transfer to Cessnock West in the new school year. We wish her a great deal of happiness for her marriage early next year and ongoing success in her professional career. Pat has made a truly amazing contribution to Cromer PS and we will truly miss her. Our loss is definitely the Hunter Region’s gain! The lovely Mrs Sue Battaglene will retire as our ESL/EALD and Reading Recovery Teacher. Her specialist teaching support has made a valued added difference in so many young lives. She has brought the gift of literacy to those in the greatest need at different points in their learning journeys. However, even though retiring from a permanent position Sue will be returning in a temporary capacity next year. The beautiful Mrs Lynne Hand from our Administration Office will be moving to long service leave prior to retirement during next year. Mrs Hand has had a thirty year association with CPS and seen generations of families move through the school. We are really going to miss her special brand of care and support, but wish her a great deal of happiness as she devotes more time to her family and commences some new adventures for herself.

To our wonderful three ladies Lynne, Sue and Pat, many thanks for your significant contributions to Cromer Public School – students, staff and parents. I hope 2016 will be exciting and rewarding for each one of you as you embark on new personal and professional journeys.

INITIAL SCHOOL ORGANISATION - 2016
When students who are entering Years 1 – 6 return to school next year on Thursday, 28th January 2016 they will return to their last year’s Class Teacher and classroom where at all possible. If their last year’s teacher is unavailable they will have a teacher well known to the school. Children will be in Holding Pattern for a short period of time.

As we leave at the end of this year we have two organisational models for 2016. Plan A is for 28 classes K-6 and Plan B is for 29 classes K-6. Both models will also have 1 Special Education Class. Our enrolment numbers for next year have fluctuated continuously over the last month and this has created a number of challenges for us.

So much hinges on what occurs during the Christmas holidays. We can only count 2016 students into our total enrolments if they are physically present or we have written advice of a definite return to Cromer PS with the anticipated date. Sometimes unexpected moves occur in the holidays and it is imperative that parents advise us either by phone or to the school’s email account if this occurs: cromer-p.school@det.nsw.edu.au

Similarly if you are travelling interstate or overseas towards the end of the school holidays please advise us in writing next week so we know when you will be returning. I seek parental understanding and co-operation in this important matter. Even if your child is sick at the beginning of the year please ring and let us know.

A great deal of teacher time and effort has gone into class organisation for next year in the best interest of all students. The professionalism of staff when it comes to class organisation needs to be acknowledged. Sometimes parents do not understand how complex it is to get it right and make it work for everyone. There are some constraints that we cannot discuss as we would breech confidentiality.
I do understand parents think first and foremost about their child/children attending this school and that you want the very best for them. Please know we want the very best for each and every one of our anticipated 750+ students. Some children may need to be moved away from one another, some children may need to be put together so their learning can be enhanced by additional in-class support and sometimes there may be friction between families outside of school that needs to be understood.

Making it work is never easy but if you place your trust in us we will not let you down. School organisation is incredibly complex and is taken very seriously in every school in NSW as we juggle the demands of staffing, accommodation, new Australian curriculum delivery and the implementation of a number of new frameworks (excellence, wellbeing and professional development planning) that are being introduced that we must undertake in 2016.

Every teacher has to cater for a full range of ability levels in their class and curriculum differentiation is an essential component of all teaching and learning programs. Every teacher is also trained to teach from Kindergarten to Year 6. It is important that we place value on staff professional learning as that has a direct influence on student learning outcomes. I believe this school is fortunate to have the benefit of the experience, expertise, commitment and dedication of a multi-talented team who go the extra mile for their students and who have the determination to make the 2016 school year another rewarding experience filled with a wide range of opportunities for students. Remaining positive and placing your trust in our professionalism will ensure a strong partnership between home and school is maintained in the best interest of all students K-6.

PARENT SUPPORT
Parents your non-stop support of your children means a great deal. Many of you volunteer in a range of ways to assist your child/children’s class/classes and the school as a whole. Many of you can be seen regularly in classrooms offering in-class assistance and program support.

I particularly want to thank the Parents and Citizens Association for their unwavering support under the leadership of President Maria Berne and her hardworking Executive Team. This has been a very big year of change for the P&C especially with a number of changes with office bearers due to work and family commitments. I sincerely thank all members of the Parents and Citizens Association for your non-stop efforts on behalf of the entire school community.

The support of the Class Parents in keeping communication updated to parents is greatly appreciated. To the Canteen Crew, the Uniform Shop, the Band Committee and the Fundraising Team many thanks for what you do for our students and staff. The P&C Sub-Committees, their leaders and members make a big difference on behalf of the entire school community. Your commitment to the school is sincerely appreciated. I am sure the P&C would also wish me to publicly thank our Canteen Crew: Laura Schuetz, Tina Shaw and Lesley Evans who work tirelessly to provide an absolutely fantastic nutritious menu for both students and staff and Leigh McPherson who runs the Uniform Shop so brilliantly. Together these paid employees of P&C remain focused on providing quality service in the best interest of all Cromer families. Leigh, Laura, Tina and Lesley we value all you do!

I also wish to thank Chairperson of School Council, Alecia De Angelis and parent, staff and community representatives for the role they play in the governance of this school. We live in interesting times and have had a busy year. Your contribution to our Three Year School Plan and helping to create the school’s vision as well as set our strategic directions has been greatly appreciated. I always look forward to School Council as we share our ideas and work together to plan for the future.

To those parents who have their last child moving onto high school please accept our very real thanks for the on-going support of your children and their primary school. When we farewell Year 6 we will also be farewelling a number of you who have been stalwart supporters of CPS, P&C and School Council.

STUDENT LEADERSHIP TEAM 2016
As this is the last newsletter for 2015, I deliberately asked Mrs Sharon Lorge to delay sending it out until Friday of this week after Year 5’s Presentation Assembly. I felt it was important to let all families know who the student body had elected as the Student Leadership Team – 2016. I also did not want to spoil the surprise of this announcement to Year 5 and their parents first before publicising the team’s names to the broader community. Elected Ministers voted for the School Captains and Vice Captains. Students in Years 3, 4 and 5 elected the Sports Captains of Kulans, Bilba, Wareen and Banjora.
STUDENT LEADERSHIP TEAM – 2016

School Captains:       Amy Milford & Zane Brown
Vice Captains:         Luke Emery & Emily O'Donnell
Ministers:             Maya Mc Dermott & Suharsha Koirala
                        Kai Shimakage & Lola Vitoria
                        Zoe Bridgman & Hayden Brannon
                        Riley Hailstone & Stella Morgan
                        Charlize Issartial & Marcus Campbell
                        Lochie Brisebois & Bianca Carroll
                        Bella Johnson & Jake Smith
                        Thomas Silvas & Lauren Trevena
                        Claire Bevan for K-6B

Sports Captains:       Kulans - Tiffany Walsh & Brandyn Scheutz
                        Bilba - Isaac Baltazar & Georgia Biddle
                        Wareen - Ebony Mule & Josiah Pugh
                        Banjora - Xavier Huggins & Emily Knights

Music Captains:        Annie Hunt & Joshua Buchannan

I am sure each member of the new Student Leadership Team will undertake their leadership roles with great pride, accept the additional responsibilities that will be asked of them and be wonderful role models for the rest of the school. Big congratulations! The Year 5 Team, staff and parents are extremely proud of each one of you.

FINAL WORD
In closing, I would like to acknowledge Deputy Principals, Julie Johnson and Nicole Herrmann for the way they support all students K-6, staff and parents. They are two multi-talented educators who complement one another brilliantly. I am blessed that they join me to form the Senior Executive. They work so incredibly hard on a daily basis for this school community.

For me personally this has been the toughest year I have ever encountered in my long teaching and leadership career after being out of action with a broken leg at the end of last year and at the start of this year and over the last six weeks of this term with a really bad broken toe. I truly would not have survived this year without the untold support Nicole and Julie have extended to me. Sincere thanks to my two incredible right hands!

It would be remiss of me if I did not acknowledge and thank the Cromer community for the support you have also extended to me both personally and professionally. You brought home to me how important it is to fight for what you believe in and to never doubt that when things get tough the people who really count in your life are there for you no matter what the circumstances. I am looking forward to having a rest over Christmas, spending time with my lovely family, catching up with friends, doing some overseas travel in January for the first time in two years, and generally recharging my batteries for a fantastic 2016 school year.

To other students and their families leaving Cromer PS we wish you much happiness in the future. I hope you will always hold Cromer in fond regard. Many best wishes from your Principal to the entire school community for the festive season. May you enjoy many special times with your loved ones!

Merry Christmas and Happy New Year

Maureen Gray
Principal
DEPUTY PRINCIPAL’S REPORT

OUR FINAL END OF YEAR ASSEMBLIES!

Congratulations to all the staff and students for some outstanding Graduation/End of Year Assemblies so far! It has been so lovely to see the bright smiles on the faces of our youngest K - 2 students as they each received their special certificate of achievement this week. The Years 3 and 4 students have also enjoyed receiving certificates, performing for an enthusiastic audience and reliving special grade moments with their peers and families this week.

Families and friends of our senior Cromer students are warmly invited to attend the final End of Year Assemblies in the school hall. Please check your diaries for the following dates:

<table>
<thead>
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<th>Grade</th>
<th>Assembly Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year Five</td>
<td>WEEK 10: Friday 11th December</td>
<td>9:15am</td>
</tr>
<tr>
<td>Year Six</td>
<td>WEEK 11: Tuesday 15th December</td>
<td>9:15am</td>
</tr>
</tbody>
</table>

KINDERGARTEN ENROLMENT PACKAGES SENT

We are excited to welcome our new 2016 Kindergarten students and families into our Cromer Community. Individual packs have been sent to all Kinder families regarding Best Start times and when to start school on the 2nd and 3rd February.

Families will also receive a January Calendar and a social story ‘Starting School’ booklet to help in the preparations for Big School! Please phone the Administration Office if you have any questions regarding starting school on 9971 0499 before Friday 18th December.

YEAR 6 CELEBRATIONS

How quickly the time flies by as we begin the farewell celebrations for our Year 6 students. Most of these students have been at Cromer Public School for seven years and have had many wonderful memories along the way. We certainly remember these fresh faced 5 year olds when they began in Kindergarten in 2008.

Year 6 will have a very special three days of very special celebrations next week. On Monday evening they will have their much-awaited Dinner Dance in the Hall. We wish to thank the army of Year 6 parent committee helpers as they go to great lengths to decorate the hall, display 7 years of memorabilia, wait on the students with their sit down dinner and dance with their son/daughter at the end of the night. It is a fantastic evening that will always be cherished and remembered!

On Tuesday the Graduation Assembly will commemorate seven years of learning, fun, friendship, achievement and opportunities at Cromer.

Finally, Wednesday will be a terrific finale for Year 6 with paddle boarding on Narrabeen Lakes and a whole school ‘clap-out’ from 2:30pm. Bring your tissues!!! We sincerely wish Year 6 students an amazing adventure in High School as they begin a new chapter in their learning career. Good luck Year 6!!!

REPORTS AND FOLDERS

All Cromer students will receive their end of year school Reports and Individual Learning Folders on Friday afternoon. These folders are to keep as a memento of students’ 2015 learning experiences.

We wish to thank the entire school staff for their continued professionalism and dedication to each and every student they have inspired and guided throughout 2015. We are so lucky to have such a diverse and talented group of educators striving for excellence and achievement at Cromer Public School.

CLASS/GRADE PARTIES

On Monday, students from Kindergarten to Year 5 will have their class/grade end of year party day. Students may wear ‘mufti/play clothes’ during this day. Please ensure your child has appropriate foot wear and have covered shoulders, as many groups will be celebrating outside. Hats MUST be worn outside at all times.
TEXTBOOK ONLINE SALES AND 2016 CLASS STATIONARY REQUIREMENTS

2016 grade textbooks will be available to be ordered online during the holidays throughout January. The textbook requirements list will be available on the school's website next week. An email will be sent next week with details about the online ordering system with LJ Harper.

Grade stationary requirement lists will be available through the Cromer App and on our Website. A new way of purchasing the requirements for your children has been set up to trial through the Flexischools App. Information via email and the Cromer App will follow.

NOT RETURNING IN 2016?

*With less than 1 week until the end of the year, please let the front office know in writing, NOW, if your child will not be returning to Cromer Public School in 2016. We need this information as the process for 2016 planning and class organisation is almost complete.*

*If you will be away on the first day back to school, due to holidays etc, please notify the office before the end of the year.*

2016 START DATES AND DETAILS

After your restful and relaxing family Christmas holiday, the 2016 students from Year 1 to 6 will begin school on Thursday 28th January from 8:50am. All students will return to their current classroom to hang up their bags for the first day of school. We will hold students in their 2015 classes for at least the first day of school to ensure all returning children have arrived back and our grade numbers are correct before we can place them into their new classes.

We hope you have a wonderful Xmas break and safe holiday with your family and friends.

*Julie Johnson and Nicole Herrmann*
Deputy Principals

CYBER SAFETY

CyberSafety and Digital Citizenship - A Guide for Parents - Bookmark this page!

As your child spends more time on computers, portable devices and mobiles, it is important to understand how to help them stay safe and responsible. You don't have to be a computer whiz. The great news is there is help out there! Learn about CyberSafety and Digital Citizenship at the Department of Education and Communities website: [www.digitalcitizenship.nsw.edu.au](http://www.digitalcitizenship.nsw.edu.au). On this site you will find interesting facts, tips and interactive activities to support you and your child.

We have also found a great link to show children about safe searching on YouTube. Although they don't have access to it at school, it’s a great quick video to help children surf safely at home. [https://www.youtube.com/watch?v=tkMPZuNFBs&feature=player_embedded](https://www.youtube.com/watch?v=tkMPZuNFBs&feature=player_embedded)

Happy and Safe Searching!

*Patricia Tizard*
Wow, I can’t believe we are at week 10 already and we only have one week left of term. 2015 has just flown by. We are preparing to say our goodbyes to our Year 6 children next week and other children who are moving on. We are also looking forward to welcoming our new children at the beginning of the New Year.

As most of you are now aware we have introduced our new digital sign in/out system to the centre. We have had very few technical hiccups, but the system is great for the centre. If you have any questions, please ask us!

We have been all about Christmas this week at Kids Club. In the kitchen we have made caramelized onion swirls, rocky road biscuits and white Christmas. In the centre we have made present style Christmas cards, note books and have done lots of drawings.

**Vacation Care:**

It’s time to book into our fantastic Vacation Care! These holidays we are heading out to Ermington for a few rounds of Putt Putt, a walk to Shelley Beach and an ice cream in Manly, a ferry ride to The Basin and a Splatter Party in Linfield. In the centre we will have visits from Skater HQ, the Crazy Scientist, Miss Kylie from Plie Groove n Shuffle, Aim4Fun Laser Tag and Cubesports. We will also have a water fun day and lots more.


Spaces will fill up fast, so get in early to secure a spot.
Have a great weekend!
**Kids Club Staff**

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**UNIFORM SHOP NEWS**

Due to the drop in the Australian dollar some suppliers have incurred increases which has resulted in a minimum price increase on a few items effective January 2016. Please see the new price list on the school’s website for current prices. Please continue to drop off unwanted/pre-loved school uniforms to the office or leave at the uniform shop door - all profits raised go directly back into your child's education.

I would like to sincerely thank my volunteers for all the assistance and support you have given myself this year. This is why our Uniform Shop runs so smoothly and efficiently and I am so very grateful to you all. I would also like to thank Yr 6 girls Sariah D, Isabella K and Chloe H for helping out this year, you have been tremendous.

We require new helpers for 2016 so if you can spare 1 hour per week or fortnight please leave your details with the office or email myself via the school.

Trading days for the last week of 2015 and start of 2016 are as follows:

- Tuesday 15th December, 2015 8.30-11.30am
- Thursday 17th December, 2015 8.30-11.30am (last day open for 2015. this is a pupil free day)
- Monday 25th January, 2016 8.30-11.30am (first day open for 2016 - children still on school hols)
- Tuesday 26th January, 2016 CLOSED AUSTRALIA DAY
- Thursday 28th January, 2016 8.30-11.30am

The start to 2016 will be very busy so I strongly suggest you purchase your uniforms for 2016 this year if possible.

***** ON SALE FOR YEAR 6 STUDENTS LEAVING US THIS YEAR *****

Soccer balls, Rugby balls and Signature Bears all come with a pen and are $15.00 each. These items are a lovely momento for your child to get signed and take home.

I WOULD LIKE TO WISH YOU ALL A LOVELY XMAS AND MAY 2016 BE HEALTHY & HAPPY.

Uniform shop coordinator
**Leigh McPherson**
WHOOPING COUGH

Our school has a confirmed case of Whooping Cough. Please see the attached fact sheet for symptoms and treatment.

Administration

Infectious Disease Factsheet

Whooping Cough (Pertussis)

Last updated: 15 November 2010

What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

What are the symptoms?

* Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
* The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a “whooping” sound. The cough can last for many weeks and can be worse at night.
* Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
* Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

How is it spread?

* Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
* Whooping cough spreads easily through families, childcare centres and at school.

Who is at risk?

* Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.
* Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you’ve been immunised.

How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

Immunisation for babies

* Babies need to be immunised at 2 months, 4 months and 6 months. The first dose can be given as early as 6 weeks of age.
* Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.
* If your baby’s vaccines are overdue, see your GP now to catch up.

Immunisation for older children

* A whooping cough booster is needed at 4 years of age.
* Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Childhood Immunisation Register on 1800 653 809.
* A second whooping cough booster is given in high school through the NSW School Immunisation Program.

Immunisation for adults

A booster for adults is recommended for:

* Both parents when they are planning a pregnancy, or just after the baby is born
* Other adult household members, grandparents and carers of infants under 12 months of age
* Adults working with young children, especially health care and child care workers. For a limited time, a free booster is available from GPs for new parents, grandparents and carers of babies under 12 months.

If you are a close contact of someone with whooping cough:

* If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch
out for symptoms and see your doctor if you get a new cough.
" Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

**How is whooping cough diagnosed?**

Your doctor may ask about your symptoms and whether there you’ve had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

**How is it treated?**

" Some babies may need treatment in hospital or in intensive care.
" Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
" The cough often continues for many weeks, despite antibiotics.

**What is the public health response?**

Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

**Identify - Protect - Prevent**


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### Further information - Public Health Units in NSW

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<th>Number</th>
<th>Rural Areas</th>
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<td>Newcastle</td>
<td>02 4904 6477</td>
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<td>Penratt</td>
<td>02 5640 3603</td>
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<td>Tamworth</td>
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<td>Justice Health Service</td>
<td>Matraville</td>
<td>02 9311 2707</td>
<td>North Coast</td>
<td>Port Macquarie</td>
<td>02 6508 2750</td>
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<td>Lismore</td>
<td>02 6620 7500</td>
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YEAR 6 THANK YOU

FAIRY FLOSS MACHINE
DONATED BY

[Image of Fairy Floss Machine]

Telephone : 9982 7333
Address :  Unit 33 1/5 Thew Pde, Cromer
YEAR 6 THANK YOU'S

Big shout out to the following businesses and people who have made generous contributions to the Year 6 Dinner Dance 2015

Das Edelweiss Restaurant
371 Sydney Road, Balgowlah
Ph. 9949 9977

Wheeler Heights Bakery
South Creek Road
Wheeler Heights

Brookvale Joinery
Cromer
Ph. 9982 2326

AGI Carpet Services
Mona Vale
Ph. 9997 8888

Adam Thomas

Woods Plumbing
Ph. 0403 218 290

MPM Marketing Services

Thanks also goes to the team of very dedicated parent volunteers, who over the last 3 months have been putting together the Year 6 Dinner Dance - you know who you are. You’re all awesome!

We are very grateful for such a wonderful community both within Cromer Public School and surrounding areas.

Please offer your support to these businesses where you can.
Please note that the advertisements appearing in this newsletter do not necessarily carry the endorsement of Cromer Public School. The credentials of advertisers have NOT been checked by the school. For reasons of child protection, interested parents are strongly advised to closely check the credentials of any person or group advertising activities that would directly involve the participation of their children (e.g. camps, coaching, classes etc.)

PASSIONATE ABOUT INTERIORS?

Come and join us for a free information session and let us show you how you can turn your passion into a career. Day and evening classes. VET FEE-HELP available.

/ Contact us: 02 9437 1902 / sydneyesqschool.com.au

Plié Groove'n'Shuffle
School of Performing Arts

Jazz Tumbling
Tap Cheerleading
Ballet Musical Theatre
Hip Hop Boys Only Classes
Modern Etisteddod Groups
Mums & Bubs Morning combo classes

Let our qualified, caring & inspiring team share our love of dance with your child, whether for fun & fitness or the serious dancer. With over 150 classes on our weekly timetable there is something for everyone!

Director Vicki Clare-Geluk
RAD RTS, Cecchetti Dip, Cert IV Dance
pontina@bigpond.com.au
9984-9988

Angela’s Singing Lessons

Angela’s singing lessons offer one on one vocal lessons taught by singer/songwriter Angela Galea.

Whether you want to sing as a hobby or professionally I aim to help you find your own unique voice, learn how to use it properly & have fun too!

- All ages Welcome
- All abilities Encouraged

Find Your Voice!

Gall Today For Your Free Trial Lesson

Angela Galea’s Vocal Studio
0402 122 105

LADIES EXPRESS CLASS
- 45 MIN -

Become A Fit & Active Mum!

Mon - Fri: 9.30am – 10.15am
Sat: 7.00am, 8.00am

- TONE YOUR BODY
- CORE STABILITY
- CARDIO & STRENGTH
- PERFECT FOR ALL FITNESS LEVELS
- SAFELY CONTAINED CHILDRENS AREA

$150/MONTH

www.nbdanceco.com
Cromer Public School and 24 Middleton Rd Cromer
Phone: 0419 496 342

At Northern Beaches DanceCo. Kids Shine!

Dance your way to an exciting life with smiles, creativity and confidence.
FREE TRIAL!

CrossFit SPS Brookvale

- GYM OPEN 24/7
- FREE TRIAL!
Are you renovating?

Do you need a:
- Construction Certificate
- Complying Development Certificate
- Development Application
- Occupation Certificate
- Fire Upgrade Survey
- BCA Report?

- We take the confusion out of the certification process
- Solutions focused — we will work with you to resolve any issues
- Well established, local building surveyors – 1A Unrestricted accredited Residential & Commercial.

Contact us now to discuss how we can manage the red tape, letting you get on with the building works.

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Suite 6, 226 Condamine St
Manly Vale NSW 2093
www.pcaservices.com.au

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At Long Reef Golf Club

Holiday Camps for 7-12 year olds 9am - 3pm
2 day camps 17/18th Dec, 14/15th Jan, 21/22nd Jan 2 days $180
Term 1 2016 for 5 - 12 year olds (for 8 weeks)
Saturday mornings 8.30am-9.30am 6th Feb - 26th March 2016 $145
Tuesday afternoons 4pm-5pm 2nd Feb - 22nd March 2016 $145
Run by PGA professionals Danny Vera and Sam Newbrun
To register go to
Enquiries to Long Reef Golf Club Pro Shop on 9982 2943 or pmshop@lrgc.com.au

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COULD YOUR CHILDREN DO WITH A BOOST AT SCHOOL?
WE’LL BRING OUT THE “AMAZING” IN THEM.

Maths tuition & English tuition — FREE ASSESSMENT!

numberworksumwords.com.au
Dee Why Ph 9982 4859
Mona Vale Ph 9979 5476

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CUT, COLOUR & STYLING EXPERT

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137 Willandra Road, Cromer
0416 068 189

- OVER 20 YEARS EXPERIENCE •
- Regrowth Colour, cut & b/w - $75
- ½ Head Foils, cut & b/w - $100

www.hairchateau.com.au

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Creative and Performing Arts Academy

Presents

Creative and Performing Arts program Summer School holidays

A four day intensive program covering Dance, Drama, Visual Arts, Music, Vocal, Acrobatics / Tumbling and PERFORMANCE.

WARREWOOD
Tuesday Jan 19th - Friday Jan 22nd 2016
CAPA ACADEMY
Unit 24/14 Jubilee Road
Warreewood 2102

9am – 3pm Daily
Friday includes rehearsals and dinner for the students with a performance for family and friends Friday evening 6-7pm.
Cost: $260 after Tuesday Jan 5th 2016,
Age groups
Junior 6-8 years
Pre teen 9-11 years
Tees 12-14 years

Students can enrol as individual days or full program

BOOK EARLY
LIMITED SPACES
$245.00

Enrolments now open Monday, September 15 2014

Presented by entertainment industry professionals and educators,
Before and after workshops are provided at extra cost.
For information and bookings,
Call: 0402 726 676 or Email: office@capa-academy.com.au
www.capacademy.com.au
“HOT SHOTS”
HOLIDAY TENNIS & SPORTS CAMP
BEVERLEY JOB PARK
MCINTOSH ROAD NARRAWEENA
Camp 1, 17 December – 23 December 2015
Camp 2 11 January – 15 January 2016
Camp 3 18 January – 22 January 2016

Time: 9.00 -12.30 pm OR 9.00 - 3.00 pm
Cost: $150 for 5 full days $110 – 5 half days
$110 for 3 full days $80 – 3 half days
Casual rates - $40 per full day $30 per half day
Discounts for family members

**All camps subject to numbers**

FOR ENQUIRIES OR BOOKINGS CALL
THERESA STAPP on 9981 2592 or (Mob) 0405 424 413
Email: tmstapp@optusnet.com.au
Junior Development Coach and Hot Shot Mentor for Tennis Australia,
Finalist .. NEWCOMBE Medal 2010 and 2015

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KEEP YOUR KIDS ACTIVE
THESCHOOL HOLIDAYS!
Fun holiday Golf Clinics and Mini Golf Camps

NEW Mini Golf Chef Camps
Packed with golfing fun, activities and pizza making! 9-3pm.

FOR MORE INFORMATION
Please Call Us on 9913 7991 or
e-mail info@pittwatergolfcentre.com.au
www.pittwatergolfcentre.com.au
1500 Pittwater Road Warriewood NSW 2102

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BROOKVALE CURL-CURL
SCOUT GROUP

ANNUAL CHRISTMAS TREE SALE
11 & 12 DECEMBER 2015

WHERE?
BROOKVALE SCOUT HALL
51 Winbourne Road, Brookvale
(diagonally opposite and along from McDonalds)

WHEN?
Friday 11 December 4 pm – 7 pm
Saturday 12 December 8 am – 4 pm

Trees from $65

Also available Lions Club
Christmas Cakes ($12 & $10) and Puddings ($12)

Come on down, and support your local Scout Group