CROMER COURTESIES: - Show respect to adults when going through doorways or walking along paths.

NOTES HOME: Sydney Choral Festival - Choir, Sydney North Dance Festival - Junior and Senior Dancers

<table>
<thead>
<tr>
<th>W9</th>
<th>Mon 23rd June</th>
<th>Tues 24th June</th>
<th>Wed 25th June</th>
<th>Thurs 26th June</th>
<th>Fri 27th June</th>
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<tbody>
<tr>
<td></td>
<td>Music Tour - Senior Band/Strings</td>
<td>Music Tour - Senior Band/Strings</td>
<td>NSW FESTIVAL of Instrumental Music - Strings rehearsal &amp; performance at the Opera House</td>
<td>Winter PSSA</td>
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<td></td>
<td>3 - 6 Awards Assembly 2pm</td>
<td>SNDF Jnr/Snr Dance Matinee 8:30am to 2:00pm</td>
<td>PCS NAIDOC Event at Mona Vale PS</td>
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<tr>
<th>W1</th>
<th>Mon 14th July</th>
<th>Tues 15th July</th>
<th>Wed 16th July</th>
<th>Thurs 17th July</th>
<th>Fri 18th July</th>
</tr>
</thead>
<tbody>
<tr>
<td>T2</td>
<td>PUPIL FREE DAY</td>
<td>STUDENTS BACK TO SCHOOL</td>
<td>PCS Junior Choir rehearsal at Wheeler Heights Public School</td>
<td>Parent Teacher Interviews 3 - 7pm</td>
<td>PSSA</td>
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<tr>
<td></td>
<td>STAFF DEVELOPMENT DAY</td>
<td>Life Education Van arrives</td>
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<td></td>
<td>Parent Teacher Interviews 3 - 7pm</td>
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</tbody>
</table>

LOST LUNCH BOXES AND LOST PROPERTY

A reminder that lost lunch boxes will be destroyed on Friday 27th June 2014. Please ask your children to check for lost property before this date.

Contact Details:-
Email: cromer-p.school@det.nsw.edu.au
Principal’s Email: maureen.t.gray@det.nsw.edu.au
Web: www.cromer-p.schools.nsw.edu.au
Ph: 9971 0499       Fax: 9971 4635
Cromer Kids Club: 9971 2332
PRINCIPAL’S REPORT

This morning we held a small ceremony to mark the official opening of the Refurbished Canteen just before Recess. The Ministers, senior students from 6R and a small number of staff and parents were present. We did this because Charlotte S (5M) the winner of the Canteen Naming Competition was going to be on Band Tour on Monday and Tuesday and then flying overseas on Wednesday. Charlie’s apt name of “Crunch@Cromer” is very appropriate when you realise that the majority of lunch orders are submitted online via FlexiSchools and the nutritious menu offered to students at Cromer PS packs a crunch. Charlie cut the blue ribbon and declared the Canteen to be officially opened as Crunch@Cromer. She was presented with her prize. Well done, Charlie! Mrs Sarah Ridding also said a few words about healthy eating which was appropriate.

I am sure students, staff and parents would like to join me in offering a big vote of thanks to Canteen Manager, Laura Schuetz, her able assistants Tina Shaw and Lesley Evans, the Canteen Chairperson Virginia Sue, the Canteen Committee and our wonderful band of parent volunteers for their efforts in making Recess and Lunch an exciting adventure. The philosophy of the Canteen is “Fresh is Best” which is something we should celebrate. It is great that our refurbished facilities are enjoyed by everyone who works in or volunteers at the Canteen. To all the parents who soldiered on over the years in the old canteen please know your efforts did not go unnoticed. I know you can’t believe the difference the refurbishment has made. I would also like to acknowledge the efforts of Business Manager, Donna Warne and Deputy Principal, Julie Johnson for their hard work and efforts in helping to ensure the success of this project funded largely by the school.

It never ceases to amaze me how many students love chicken curry, sushi and Mexican fare at this school. Our little people also love Trolley Tuesday. We are all looking forward to the Canteen’s Red Day Special Sausage Sizzle Lunch next Wednesday, 25th June. In advance many thanks to all the parents who will be getting the special lunches organised.

So much has happened this week, the weekend will be busy and next week is action packed. Sincere congratulations to Year 6 and their parents who provided the yummy goodies that went on sale for the Biggest Morning Tea on Wednesday and Thursday. Year 6 Grade Co-ordinator, Kris Scarlett was absolutely thrilled with the overall result of $1100+ that will be directed to breast cancer research. Great work, Cromer!

Both the Junior and Senior Dance Groups have started their range of performances at Glen Street Theatre for the Sydney North Dance Festival. Leah Wood, Louise Jacob and Alison Quinn are just as excited as their dancers. I am really looking forward to seeing both groups perform on Saturday night. Good Luck, junior and senior dance groups!

Tonight the P&C’s Movie Night in our Hall for our youngest students (K-2) should be lots of fun. Being able to wear your PJs and lie down with your pillow, your torch etc and watch “Frozen” should be a memorable experience for the 230+ attendees. Have a great time, movie goers!

Meanwhile our older musicians (Years 3-6) are at the Band Festival at Pittwater HS. Many of our senior musicians are then off on Band Tour to the Central Coast. I believe this will also be a great experience and thank Kelvin Anderson, Kathryn Crossing, Fi Maurer, Nancy Chaffer and Judy Farr who will accompany our senior musicians. As the Central Coast is my old stomping ground I hope to be able to catch up with the group on Monday afternoon. I am also looking forward to seeing our Strings perform at the Instrumental Concert at the Opera House on Thursday evening. Music is definitely alive and well at CPS!

Throughout the last few weeks our classes have been truly busy producing some great artworks for the Peninsula Community of Schools Art Exhibition “Lands Beyond the Sand” that is being run in conjunction with NAIDOC Week Celebrations. If you get a chance it would be wonderful to take your children to Mona Vale Public School Hall on Wednesday afternoon, 25th June at 5.00pm to visit the art being shown by PCS schools. Visitors are asked to make a gold coin donation.

Last year we won the People’s Choice Award for Melaleuca Moonlight hosted by Wheeler Heights PS which was wonderful. This is a great opportunity to see a range of varied artworks from Kindergarten to Year 12. If this year’s exhibition is anything like last year’s it will be well worth visiting. I am very proud of our combined artists’ efforts!

We are hoping to distribute Student Progress Reports to parents at the end of next week. We have had some technical challenges going to print at present so I hope parents will understand that if you don’t get them when anticipated it will have been beyond our control. I have my fingers crossed that we can pull off a miracle! Parent interviews will be held during week 1 of next term.

Maureen Gray
Principal
What a week it has been at Cromer PS…..

EDUCATION WEEK 2014
Monday 28 July – Friday 1 August: Public Schools NSW – Celebrating the 60th Education Week

2014 marks the 60th anniversary of the first Education Week. The Theme is taken from the original, 1954 Education Week which was: *Lighting the way to a better world*. The DEC has adopted that slogan for this anniversary celebration and the artwork from the 1954 poster has been adapted for use by schools in their 2014 promotions.

Cromer PS will celebrate Education Week with Open K-6 Classrooms from 9am – 10am on Thursday 31st July (Week 3 next term). Parents will be welcome to come in and visit their child/children’s classroom to look at their great work and join in on some fun activities!

SENIOR MUSIC TOUR and NORTHERN BEACHES MUSIC FESTIVAL
We hope our Senior Band and Strings students have a wonderful Music Tour on Monday and Tuesday of next week!!

We wish to further thank Mrs Nancy Chaffer, Mrs Judy Farr, Mr Kelvin Anderson, Mrs Kathryn Crossing and Mrs Fiona Maurer for all their preparation for this wonderful opportunity!!!

This weekend the three Cromer PS Bands and Intermediate Strings are performing at the Northern Beaches Music Festival held at Pittwater High School – from Friday night until Sunday. Good luck to all our very talented musicians!

DANCE PERFORMANCES AT GLEN STREET THEATRE
Congratulations to our Senior and Junior Dance Groups who so beautifully performed at the Sydney North Dance Festival in front of a full-house at Glen Street Theatre on Tuesday evening.

A special thanks to their choreographers, Miss Alison Quinn, Mrs Leah Wood and Mrs Louise Jacob who were so very proud of their troops! We wish to also thank Mrs Denise Jeffery and Miss Kate Murphy for their assistance back stage with the girls.

K-2 MOVIE, POPPER and POPCORN NIGHT
K-2 students (and their parents) were invited to a movie, popper and popcorn on Friday night in the school hall from 6:00 – 7:30pm.

Please Note: This is a K-2 Cromer PS student night ONLY. NO younger or older siblings please.

Many thanks to Mrs Amanda Carroll, Year One class parent and P&C Secretary, who coordinated this inaugural event and her team of 57 parent helpers! More information on the funds raised and some student recounts will be in next week’s newsletter!

SLAPPED CHEEK
We have had a reported case of Slapped Cheek in the school. Please look out for these symptoms.

Mild illness, fever, red cheeks, itchy lace-like rash and possibly a cough, sore throat or runny nose. Careful hand washing and avoid sharing drinks will help prevent the spread of the illness.

DEPUTY PRINCIPAL’S REPORT

What a week it has been at Cromer PS…..
YEAR 6 BIGGEST MORNING TEA
On Wednesday, Year 6 students and their teachers organised a very successful Cake Stall for The Biggest Morning Tea – raising well over $1100.00 for Breast Cancer Awareness! Congratulations Mrs Kris Scarlet and her team….what a wonderful achievement for an extremely worthy cause.

CROMER vs CROMER DEBATE!
Congratulations to our 2x Year 5 Debating Teams who planned for and participated in their first debate for the year! Both Cromer Teams were very excited and keen to showcase their speaking skills in front of an enthusiastic Cromer audience on Wednesday morning. Well done boys and girls and their talented coach, Mrs Judy Geeves!

CANTEEN CONGRATULATIONS!
Our recently renovated Canteen has had it’s official opening today with the aptly named, CRUNCH @ CROMER now open for business! Congratulations to Charlie S (5M) who won the naming competition. The canteen will celebrate their official opening with a ‘Sausage Sizzle’ day on Wednesday 25th June 2014.

FUTURE P&C IMPORTANT DATES FOR YOUR DIARY

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Venue</th>
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<tbody>
<tr>
<td>29th August 9am</td>
<td>Father’s Day Stall</td>
<td>Near the Canteen</td>
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<tr>
<td>5th September 7:30am</td>
<td>Inaugural Father’s Day Breakfast</td>
<td>BBQ/Oval</td>
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<td>18th October 7pm</td>
<td>Cromer PS Trivia Night</td>
<td>Cromer Community Centre</td>
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<tr>
<td>11th December 6pm</td>
<td>Cromer PS Christmas Carols</td>
<td>Cromer Oval</td>
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Department of Education and Communities: INFORMATION FOR PARENTS
Does speaking another language at home confuse children?
Are your children fortunate enough to be growing up in a home where two or more languages are spoken? Many parents worry that bilingualism can cause confusion and even delays in learning for their children, but according the Raising Children Network, that’s not the case at all. A good knowledge of your native language can actually help your child with learning English. Bilingual children who are read books and spoken to in their in their native language find it easier to learn to read and write in English when they get to school. More information is at www.bit.ly/1m0agnk

Teenager’s seeking more independence
Knowing how much freedom and responsibility to give your teenager is difficult, especially if they’re your eldest or only child. To become capable adults, teenagers need to learn to make good decisions on their own and have opportunities to show you they can. The Raising Children Network website has a wealth of expert information and guidance for parents of teens and younger children. If your child is testing the boundaries and pushing for more independence, you may find the article ‘Shifting responsibility to your child’ worth reading. Go to www.bit.ly/1jCxKhe

Warm Regards
Julie Johnson and Nicole Herrmann
Deputy Principals

PSSA RESULTS GALA DAY

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<tr>
<th>TEAM</th>
<th>PLAYED</th>
<th>RESULT</th>
<th>BEST AND FAIREST</th>
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<tr>
<td>Snr Girls Soccer Team B</td>
<td>Gala</td>
<td>Drew 3 games</td>
<td>Jenna H</td>
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<tr>
<td></td>
<td></td>
<td>Lost 2 games</td>
<td></td>
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<tr>
<td>Jnr Rugby League Team A</td>
<td>Gala</td>
<td>Won 2 games</td>
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<tr>
<td>Under 10’s</td>
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<td>Lost 2 games</td>
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<tr>
<td>Snr Rugby League Team A</td>
<td>Gala</td>
<td>Won 2 games</td>
<td>Mitchell F</td>
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<tr>
<td>Under 12’s</td>
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<td>Lost 1 game</td>
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<tr>
<td>Snr Rugby League Team B</td>
<td>Gala</td>
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<td>Under 11’s</td>
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<td>Drew 1 game</td>
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<td>Lost 1 game</td>
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LIFE EDUCATION

The Life Education Mobile Classroom will be visiting our school from **Tuesday 15th July**. All classes, (with their class teacher), will attend sessions conducted by one of the visiting educators. The program focuses on building students’ awareness of themselves and also develops a knowledge and understanding of the human body and good health practices.

The Life Education visit forms part of the Department of Education’s Personal Development and Health programs. All students are expected to attend, particularly as Drug Education is a mandatory part of the curriculum. All children from K-6 have been invoiced $10 on school fees. The cost of this program includes the lesson and a workbook with follow-up classroom activities.

Kymberley Lee
Life Education Co-ordinator

ENTERTAINMENT BOOKS

2014 Entertainment books are here! Entertainment books are excited to announce that this year there is **one big Sydney Edition**, incorporating Sydney and Sydney North into one book!

One BIG Sydney and Sydney North Edition with **200+ extra offers to choose from** and significant extra value for you on both sides of the bridge!

This year, the Sydney and Sydney North Entertainment™ Edition includes over $20,000 worth of offers for just $70. $14 of your purchase will help with fundraising!

Choose from the traditional **Entertainment™ Book** or the NEW **Entertainment™ Digital Membership**, which puts the value of the Book into your smartphone.

Purchase your Entertainment™ Membership from **Cromer Public School** and support their fund-raising efforts this year. You can Flick through the Virtual Book to see more [http://www.entertainmentbook.com.au/about/Tell-me-More/Sydney-and-Sydney-North#FLICKBOOK](http://www.entertainmentbook.com.au/about/Tell-me-More/Sydney-and-Sydney-North#FLICKBOOK)


Jen Webster

KIDS CLUB NEWS

This week at Kids Club our theme has been “Heroes”. We had superhero trivia, and the children made up their own superheros in drawings. In the kitchen we cooked cherry pie (Spiderman’s favourite), mini pizzas (Teenage Mutant Ninja Turtles), choc pudding spiders and green “Hulk” crispies.

The children had been asking if we could run the beep test again one afternoon, so on Wednesday the staff decided to do the beep test as the group game and all the children really enjoyed it.

Term 2 is nearly over so it’s time to book into our fantastic Vacation Care Program! These holidays we are visiting The Baden Powell Scout Centre to test our abilities on the flying fox and rope bridges as well as a scavenger hunt, going back in time to the Quarantine Station & trying our hand at Putt Putt Golf. We have the Crazy Scientist coming in to show us some winter science. Come and try out your rhythm with our drumming group and the all favourite, by the request of the kids, is wheels day. The service will be situated at St John’s Catholic School (St Johns Kids Club) Narrabeena.

Spaces will fill up fast so get in early to secure your place.

Have a great weekend!

The Team at Cromer Kids Club!

www.ooshnb.com.au
Year 3 is organising the Trivia night, which is one of the events organised for fundraising this year. It is booked for Saturday 18th October at the Cromer Community Hall.

Our first meeting will be held on the 24th June at 7pm at the Dee Why RSL in the area behind the Flame Restaurant. This meeting will be to organise a Co-ordinator and as a group to plan the evening. Trivia night can be as much as we want to make it, e.g. either just a basket donation from each class and some games, depending on what the group decides. Hope you can all make it, as we would love as much input as possible to make it a fun night!

Fiona Aldred
Class Parent Co-Ordinator

CANTEEN NEWS

RED DAY SPECIAL

Sausage Sizzle
Wednesday 25th June
Flexischool orders only

Pack includes:
BBQ Sausage in a Roll
Tomato Sauce
Red Rock Honey & Soy Chips
Killer Python
Pack cost - $5.50

Orders to be placed via www.flexichools.com.au
Cut off will be Tuesday 24th June 2014 5pm
VOLUNTEERS NEEDED – PLEASE SEE CANTEEN IF YOU CAN ASSIST
Cromer Public School Presents

ART SAFARI 2014

Opening Night
Tuesday July 22, 5pm-7pm

Student artworks $10
Raffles and auctions on the night

OPEN July 22nd, 23rd, and 24th
8.30am - 3.30pm

Pre-order Student artworks at the office now!
Please note that the advertisements appearing in this newsletter do not necessarily carry the endorsement of Cromer Public School. The credentials of advertisers have NOT been checked by the school. For reasons of child protection, interested parents are strongly advised to closely check the credentials of any person or group advertising activities that would directly involve the participation of their children (e.g. camps, coaching, classes etc.)

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**Learn Music on Keyboard at Cromer Public School**

Enrolment for Term 2

* 45min weekly group lesson
* Fun musical games
* Ensemble playing
* Musical theory
* Practical skills
* Instrument not required initially
* Competitive rate - $25 per session
* Convenient at-school venue

*.Players*

Call: 9411 3122 to enrol
(business hours during school term)

www.learnmusicatschool.com.au

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**July Holiday Camps**

30th June – 11th July

Join our Holiday Clinics and play soccer indoors on grass. CLINICS FILL FAST, SO BOOK NOW!

- Professionally qualified & engaging FFA & AFA Coaches
- Learn new tricks, skills & techniques to improve your overall ball mastery and game play. We teach you how to execute a “Maradona Spin”, Cryuff Cut, “Ronaldo Stepover”, or learn how to do an “Oxford”!
- Play football indoors in your boots!
- Small-sided games.
- Heaps of fun. Finish the day with Laser football.

For 5 – 13 year olds 9am – 3pm

2/8 Aquatic Drive, Frenchs Forest
www.thefootballfactory.com.au - 9972 7766

---

**Bubble Football Tournament - Daily**

Play Bubble football!!!
From 3pm daily.

- Organise a team of mates.
- Team Registration $200.

---

**Holiday Fun**

Have fun these school holidays at our fully equipped gymnastics facility. We have all Olympic gymnastics apparatus including, floor, sized sprung floor, bars, beams, tumble, trampoline and the ever popular foam filled landing pits.

Our program caters for school aged children with or without gymnastics experience. Under the guidance of our professional coaches, we provide a variety of exciting games and events to keep the day interesting and fun.

**MONDAY 30/06 - FRIDAY 04/07**

**MONDAY 07/07 - FRIDAY 11/07**

10% DISCOUNT FOR MWGC CLUB MEMBERS

**$51** SHORT DAY: 9.00AM - 3.00PM
**$69** LONG DAY: 8.30AM - 4.00PM

Full bookings will be made without payment.
No refunds will be given.

Check out our website for details: www.thefootballfactory.com.au

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**Ready Set Trot**

Learn to ride a pony in a fun, safe and interactive environment.

Visit our website for more information

www.readysettrot.com

Now taking bookings for school holiday programs in your area.
Parenting Programs
Child & Adolescent Parenting

WHAT’S ON IN TERM 3 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-30yrs)
Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood Swiss/ 2.5hrs (13/8 - 10/9, 7.00-9.30pm)

Triple P (Positive Parenting Program) Course (3-3yrs)
Strategies to encourage desirable behaviour and manage parent-child misbehaviour.
Chatswood Tues - D group & 2 telephone (28/7 - 8/9, 7.00 - 9.30pm)

NEW Communicating with Kids Workshop (based on PEX) (4-12 yrs)
Communication skills for building effective long term relationships with your children & family.
Chatswood 4 (2/8, 7.00-9.30pm)

Tuning in to Teens Course
Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 x Tues (16/7, 7.00-9.30pm)

Toddlers Workshops (1-3yrs)
Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 7/8, 14/8 & 21/8 (3 wks/2.5hrs each, 7.00-9.30pm)

Resilient Kids Workshop
Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood 17/9, 7.00-9.30pm

Dealing with Teen’s Backchat Workshop
Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood 15/8, 7.00-9.30pm

WORKSHOPS ON REQUEST - PHONE 9887 5830
(2-2.5 hours)

Understanding Your Toddler/Discipline & Tantrums
Tucker without Tantrums/Toilet Training
Speech & Language Development/Sleep
Older Sibling - New Baby
Bully Busting
Resilient Kids
Transition to School
Transition to High School
Triple P Seminar Series 1-12 yrs & Teens
Communicating with Kids
Dealing with Teen’s Back Chat
Grand Parenting - Chatswood 15/9

Great Bargains!!
To make queries or if you would like to donate any items please call during office hours.
Call 9971 8179 or 0428 725 132

Enquiries: Child & Adolescent Parenting 9887 5830

Health
Northern Sydney
Local Health District

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“Backroom Bargains”

WE NEED

- Clothing
- Bric-a-brac
- Shoes
- Books
- Bags
- Toys
- Linen
- Jewellery
- Small items of furniture
- Pictures / frames
- Cookware / crockery, cutlery
- DVD’s etc
- ANYTHING you no longer have any use for that is in good working order

9am—3pm
EVERY Friday
FREE tea and coffee

Keep the Kids Busy these School Holidays
@ the CROMER KINGFISHERS
School Holiday Rugby League Camp
(for 5-12 Year Olds)

When: Mon 30th June
Time: 10am-3pm
Venue: St Matthews Farm, Cromer
Cost: $35 per person

Meet your NRL stars from the Sea Eagles!

Lunch & refreshments will be provided
Bring a Friend / sibling and save $10 ($40 for two)
Rosters are essential as limited places are available.
Call Sue Amtery on 0416 600 992 for more information.
Qualified coaches will be providing skills sessions, game related drills and group challenges with a focus on having fun while learning new skills.

What To Bring: compulsory mouthguard, sunscreen, hat and a water bottle.

To Register:
Email the participants full name and DOB to peter.amtery@optusnet.com.au and transfer full payment to:

Account Name: Cromer Kingfishers H.L.C.
Bsb: 633 0100
Account Number: 149775454

Lots of prizes and giveaways!!

For further information, please also contact Keryn on 0433 878 920.

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Try Softball!
School Holiday Camp, Monday, 30th June

Are you in Years 1 to 6? Then come and see us! Try Softball Camp. It’s back after last year’s huge success! Local clubs Warringah Softball Club and Pendlewood Softball Club are running this free 3 day camp during the school holidays.

Come and have a go! Experienced coaches will teach you how to throw, catch & bat.

DATE: Monday 30 June 2014
TIME: 8am – 3pm
LOCATION: Mackenzer Girls Camps, Campbell Pk, Monte Vale

For further information please go to our website or contact Keryn on 0433 878 920.
BRAZILIAN JIU JITSU

Our Academy is a fun place
where kids learn important life changing skills
and the Art of Jiu Jitsu.
Disipline, Fun, Friendships,
Self-Awareness & Defense.

Call Vince on 0452-535-741 or Morgan on 0402220269
SCHOOL SHOES IN STOCK ALL YEAR
GET SHOES THAT FIT AND LAST
38 YEARS EXPERIENCE
FRIENDLY STAFF
TRUCKLOADS OF STOCK

Like us on Facebook to keep up to date with special offers
mikepawleysportswear

YOUR CHILDREN ARE AMAZING.
WE HELP THEM PROVE IT.
Maths & English
FREE ASSESSMENT - BOOK NOW!

Dee Why Ph 9982 4859
Mona Vale Ph 9979 5476
numberworksnwords.com.au

MANLY WARRINGAH
BASKETBALL CAMP
Tues 8th, Wed 9th and Thurs 10th July 2014
Session 1 (ages 5-9) 10am - Noon
Session 2 (ages 10 & above) 1.30pm
Venue: NSKU, Nelson Rd, Warringah
• Special Guest Coaches
• Professional coaching

3 day competition day with
Great prizes Cost: $70
This is a 5 day camp only
Enquiries: 99155222
Email: camp@manlybasketball.com.au

Due to administrative & coaching camp enrolments must be received by 3pm Friday 4th July 2014
Photos may be taken on the day of camp to place on our website. Please advise staff if you do not want your child photographed.

#REFRESH YOUR SKILLS #IMPROVE YOUR GAME # HAVE SOME FUN

Name: ___________________ Age: ________ Sex: __________
Address: ___________________________ Post code: __________
Mobile: ____________________________
Email: ____________________________
School: ____________________________
Health Concerns (e.g. Diabetes, asthma, epilepsy) ____________________________
MasterCard/Visa (please circle) Name on Card: ____________________________

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Brush Art 4 Kids
Fun Creative Art Workshops

@ If u like ART studio 1a Powells Road, BROOKVALE (cnr Mitchell Rd)

Many WINTER school holiday workshops to select from
in our spacious studio in Brookvale

Daily Workshop Schedule & Costs
Monday 30th JUNE to Friday 11th JULY
9.30am to 12.30pm (Ages 5 to 9): $45
10am to 3pm (Ages 5 to 12): $65-$85

Wonderful NEW Options to select from:
Free Choice Canvas Painting
Design & Create Large Mosaic Mirror
Caricature & Cartooning
Paint & Decor Jewellery/Treasure Box
Sew a Colourful Groovy Bag
Sew a Pillow & Blanket

Visit www.brushart4kids.com.au for form

DON'T MISS OUT, BOOK EARLY!
Call Daphne 0409 569483
e: daphne.katos@bigpond.com

ALSO OFFERING
Before & After Care During Workshops
$6 per 1/2 hr, $10 per hr
Very Limited Vacancies for 2014!
NOW offering Show Team Performance Classes and Elite Extension Program along with classes “Just for Fun” and official Angelina Ballerina Partner Studio!


Classes conveniently held at Cromer Public School and at our new professional Studios
24 Middleton Rd Cromer
Phone 8084 9339

www.nbdanceco.com
admin@nbdanceco.com

Mel GT Explosive Speed Clinics

MEL GT EXPLOSIVE SPEED CLINICS
3 and 4 July 2014

Climb: Thursday 3 July, 9:30am - 12noon, Registration 9:15am
Clinic 2: Friday 4 July, 9:30am - 12noon, Registration 9:15am.
(Places for each clinic is the same)

Where: Narrabeen Athletics Track, Sydney Academy of Sport & Rec, Waikurau Park, Narrabeen

Ages: For children aged 8-16 years. Limited to 40 children per clinic.

Price: $60 per child per clinic.

To register please go to: www.melgt.com.au/speed-clinics/
Enquiries email: clinician@melgt.com.au

These clinics are get just for track and field enthusiasts but also for any child that takes part in an individual or team sport and would like to improve their speed.

My speed clinics will involve the following areas of speed development:
- Analysis & correction of running technique
- Technical running drills
- Techniques in developing strength and stability
- Tips on injury prevention
The kids will hear about my Olympic experiences and receive a Mel GT water bottle and sports shoe bag.

Hope you can join me!
Hurry, numbers are limited.

Melinda Gainsford-Taylor

“HOT SHOTS” HOLIDAY TENNIS & SPORTS CAMPS
©
BEVERLEY JOB PARK
MCINTOSH ROAD NARRAWEENA

Camp 1: Wednesday 2nd July - Friday 4th July
Camp 2: Monday 3rd July - Friday 11th July

Time: 9:00 - 12.30 pm OR 9:00 - 3:00 pm
Cost: $120 for 3 full days (either week)
$80 for 3 half days
Cost: $150 for 5 full days (either week)
$110 for 5 half days
Casual rates: $45 per full day. $35 per half day
A family discount of 10% applies for 2nd family member.
*Special rates if attending both camps

CAMP INCLUDES
- ‘HOT SHOTS’ TENNIS program for all ages plus a variety of sports
- Wet weather activities
- Equipment provided
- Winners’ trophies and Lunch provided on the final day.

Prizes and raffles each day.

FOR ENQUIRIES OR BOOKINGS: Email: tmslapp@optusnet.com.au
Theresa Stopp (H) 9981 2592 (MOB) 0405 424 413
Junior Development Coach - Tennis Australia
If possible, please book early so I can allocate sufficient coaches & courts. Days of credit available for days missed due to illness or inclement weather

***All camps subject to sufficient numbers.