CROMER COURTESIES: Show respect to adults when going through doorways or walking along paths.

NOTES HOME: Stop Work Meeting

<table>
<thead>
<tr>
<th>W9</th>
<th>Mon 2(^{nd}) December</th>
<th>Tues 3(^{rd}) December</th>
<th>Wed 4(^{th}) December</th>
<th>Thurs 5(^{th}) December</th>
<th>Fri 6(^{th}) December</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Sydney FC visit</td>
<td>• 3 - 6 Awards Assembly</td>
<td>• Year 7 (2014) Public High School's Orientation Day</td>
<td>• Kinder Graduation Assembly, 9:30-10:30am, hall</td>
<td>• Year 1 Graduation Assembly, 9:30-10:30am, hall</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Stop Work Meeting 9am - 11am</td>
<td></td>
<td>• Instrumental Social Evening, 3-5pm</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>W10</th>
<th>Mon 9(^{th}) December</th>
<th>Tues 10(^{th}) December</th>
<th>Wed 11(^{th}) December</th>
<th>Thurs 12(^{th}) December</th>
<th>Fri 13(^{th}) December</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Parent Helpers Morning Tea, 10:30am, staff room</td>
<td>• Year 2 Graduation Assembly, 9:30-10:30am, hall</td>
<td>• Year 3 Graduation Assembly, 9:15-10:15am, hall</td>
<td>• Year 4 Graduation Assembly, 9:15-10:15am, hall</td>
<td>• Year 5 Graduation Assembly, 9:30-10:30am, hall</td>
</tr>
<tr>
<td></td>
<td>• Crazy Cromer Circus</td>
<td>• Winter Wonderland Cake Stall, Canteen</td>
<td></td>
<td></td>
<td>• Reports and Fold-ers sent home</td>
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<table>
<thead>
<tr>
<th>W11</th>
<th>Mon 16(^{th}) December</th>
<th>Tues 17(^{th}) December</th>
<th>Wed 18(^{th}) December</th>
<th>Thurs 19(^{th}) December</th>
<th>Fri 20(^{th}) December</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Year 6 Dinner Dance</td>
<td>• Year 6 Graduation, 9:30am, hall</td>
<td>• Year 6 at Water-works</td>
<td>• Staff Development Day</td>
<td>• Staff Development Day</td>
</tr>
<tr>
<td></td>
<td>• Cromer Picnic Day</td>
<td></td>
<td>• Last day school</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>W1</th>
<th>Mon 27(^{th}) January</th>
<th>Tues 28(^{th}) January</th>
<th>Wed 29(^{th}) January</th>
<th>Thurs 30(^{th}) January</th>
<th>Fri 31(^{st}) January</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Public Holiday</td>
<td>• Staff Development Day</td>
<td>• Students return (Years 1 - 6)</td>
<td>• Kinder: Best Start Assessments</td>
<td>• Kinder: Best Start Assessments</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Kinder: Best Start Assessments</td>
<td></td>
<td></td>
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</tbody>
</table>

**Inside**
- Principal’s Report
- Deputy Principal’s Report
- Library News
- P&C News
- Toys & Tucker
- Canteen News
- Healthy Living Tip
- Kids Club News

NRL Come & Try Clinic
Community News & Events

**Contact Details:**
- Email: cromer-p.school@det.nsw.edu.au
- Principal’s Email: maureen.t.gray@det.nsw.edu.au
- Web: www.cromer-p.schools.nsw.edu.au
- Ph: 9971 0499 Fax: 9971 4635
- Cromer Kids Club: 9971 2332
I would like to take this opportunity to send our best wishes to Cromer PS students who are performing in the Schools Spectacular on Friday 29th November and Saturday 30th November. We have 16 students in the massed choir, 12 students dancing, 1 student in an ensemble and students from K-6B performing at the Entertainment Centre in two matinees and two evening performances.

This is the 30th Anniversary of the Schools Spectacular. So many NSW Public School teachers and support staff have devoted their time, energy, passion, commitment and expertise to a range of performing arts. Students in K-12 have been provided with an absolutely wonderful experience and opportunity to perform in one of the largest performing arts events staged anywhere in the world.

I would like to acknowledge Ms Glynis Cochrane, Mrs Jillian Bradford, Miss Amy Bauer, Miss Alison Quinn and Mrs Lea Joris for the support they have provided to our performers. Their individual expertise in a particular area and care for Cromer girls and boys is truly special. On behalf of all performers’ parents I thank them for their dedication and commitment. I am really looking forward to sitting in the audience tonight and will be incredibly proud of our talented students.

Next Tuesday 3rd December the NSW Teachers Federation has called all of its members to a two hour Stop Work Meeting from 9:00am – 11:00am to discuss a number of serious issues in relation to the next Salaries and Conditions Award. This school will be providing minimal supervision for those students whose parents cannot make alternative child minding arrangements.

The school will remain open but normal class lessons cannot be offered. We understand working parents are placed in difficult circumstances on such occasions and that is why we will have some staff present to support families. We would appreciate your understanding in this matter as the decision to attend the Stop Work Meeting has not been taken without a great deal of serious thought on the staff’s part.

Students who will be attending school for the whole day should report to either the K-2 courtyard for our Infants children and Years 3-6 to the Basketball Court near the Year 3 rooms for an assembly. Otherwise students K-6 should arrive at school at 10.50am when Recess will commence and we will follow our normal school timetable for the rest of the school day.

We have a very busy number of weeks ahead of us. Many wonderful celebrations of student success await and we will look forward to sharing this with parents.

Maureen Gray
Principal

DEPUTY PRINCIPAL’S REPORT

STUDENT and STAFF SUCCESS

We congratulate Jayden Rainey of 5Q for competing in the NSW Minikhana State Championships for Motorcross Riding. Jayden competed in nine events and achieved wonderful success being awarded first place overall in the State in the 65cc category. Well done Jayden – your family and school community are very proud of you.

You finally made it……...congratulations to Mrs Jillian Bradford, Ms Glynis Cochrane, Miss Amy Bauer, Mrs Lea Joris and Miss Alison Quinn whose choir and dance groups will perform four shows at the Sydney Entertainment Centre today and Saturday in the NSW School Spectacular! We hope you all enjoy every second of this wonderful event! Break a leg………

FINAL 3 – 6 ASSEMBLY

Next week will be the final 3-6 Assembly for 2014. We would like to thank Mrs Nancy Chaffer and Mrs Sharon Newling for their leadership, organisation and mentoring of the Year 6 Leaders every fortnight this semester. We would also like to congratulate all the Year 6 Ministers who presented at each 3 – 6 assembly this year! It is not always easy to get up on stage and talk into a microphone to a full audience seated in the hall.

Well done everyone and thank you!

END OF YEAR ASSEMBLY DATES FOR YOUR DIARY

<table>
<thead>
<tr>
<th>Kindergarten</th>
<th>Thursday 6th December</th>
<th>9:30am</th>
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<tbody>
<tr>
<td>Year One</td>
<td>Friday 6th December</td>
<td>9:30am</td>
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<tr>
<td>Year Two</td>
<td>Tuesday 10th December</td>
<td>9:30am</td>
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<tr>
<td>Year Three</td>
<td>Wednesday 11th December</td>
<td>9:15am</td>
</tr>
<tr>
<td>Year Four</td>
<td>Thursday 12th December</td>
<td>9:15am</td>
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</tbody>
</table>
LIBRARY NEWS

MS Readathon
It is with great pride that I can report the news that Cromer Public School was 46th in the top 100 participating schools in the MS Readathon. Our school contributed $1,156.30 to this worthy cause. Well done to all Cromer readers!

Return of All Books
There will be no more borrowing for the rest of the year. It is very important that we have all books returned within the next two weeks. We can then have the shelves well stocked for 2014. All students who have no outstanding loans are eligible for a ticket in the library raffle.

Debbie Haddrick
Teacher Librarian

P&C NEWS

CALL FOR ASSISTANCE: AUDITOR and SECRETARY NEEDED
The P&C would like to audit its finances. Are you an auditor or do you know an auditor who could do this for us at a reduced cost? All funds raised by the P&C go back into the school, so where we can reduce costs, we aim to.

Planning ahead to 2014, the P&C will be looking for a new Secretary. This position has been performed by Mrs Whiley for several years. Mrs Whiley is keen to spend more time working with the Music Committee. Thank you for all your services, Mrs Whiley. At evening meetings this year, Mrs Whiley has been assisted by Mrs de Angelis in the Secretary role. Thank you for helping out Mrs de Angelis.

The role of the P&C Secretary is to promote upcoming meetings, minute the meetings, follow up on matters that arise and to organise special meetings or presentations for community interest. It’s the sort of role you can personally shape to become as comprehensive or as condensed as possible. The Secretary is also a member of the P&C Executive.

CAR RAFFLE
The special awards assembly last week saw the wrap up of our Car Raffle for 2013 with the announcement of our Top Seller awards. Special thanks were extended to the many children who returned to the office seeking additional ticket books to sell.

An amazing $25,436 worth of tickets were sold!!!

A HUGE CONGRATULATIONS TO OUR TOP SELLERS:

<table>
<thead>
<tr>
<th>Senior Category 3-6</th>
<th>Junior Category K-2</th>
</tr>
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<tbody>
<tr>
<td>1st Zac F 6G</td>
<td>1st Alexander G 3W</td>
</tr>
<tr>
<td>2nd Charlotte G 4G</td>
<td>2nd Madeleine W 2CN</td>
</tr>
<tr>
<td>3rd Leon W 6M</td>
<td>3rd Zoe F  KJ</td>
</tr>
</tbody>
</table>

Each of these children received a Westfield shopping gift card for the purchase of the prize of their choice in thanks for their enormous efforts!
TOYS ‘N’ TUCKER

Week 9 is the final week to donate to the Anglicare Toys ‘n’ Tucker program.

For a number of years now, our Cromer students and families have been wonderful supporters of the Toys ‘n’ Tucker program which provides food and gifts for those people in our community who are having a hard time around the holiday season.

This program encourages our more fortunate students to participate in sharing with the wider community of Sydney and enjoy the process of giving without expecting a gift in return.

Here are some suggestions of gifts for children and teens:

- Toys, books, puzzles, drawing and art equipment
- Board games
- Sports equipment
- Retail gift cards

Christmas food for festive meals is also being accepted. Cash donations to be used for buying fresh food items for distribution can be done at www.toysntucker.org.au.

We have a giving tree in the office foyer and all items can be placed in boxes there. Mrs Lynne Hand will coordinate our collection which will be collected in the week beginning December 9th.

Thank you to all those that have contributed so far.

Judy Geeves
Toys ‘n’ Tucker Coordinator

FOUND

Some money has been handed in to the office with a frequent shopper card. Please call us on 9971 0499 if you have lost these items.
## CANTEEN NEWS

Canteen will be closed for refurbishment from Tuesday 17th Dec. We are hoping to be back up and running first day back 2014 but keep an eye out on the school’s website, school app or Flexischools for up to date information.

<table>
<thead>
<tr>
<th>Mon 2 Dec</th>
<th>Tues 3 Dec</th>
<th>Wed 4 Dec</th>
<th>Thurs 5 Dec</th>
<th>Fri 6 Dec</th>
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</thead>
<tbody>
<tr>
<td>WEEK 9</td>
<td></td>
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<td></td>
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</tr>
<tr>
<td>Mon 9 Dec</td>
<td>Tues 10 Dec</td>
<td>Wed 11 Dec</td>
<td>Thurs 12 Dec</td>
<td>Fri 13 Dec</td>
</tr>
<tr>
<td>WEEK 10</td>
<td>WINTER WONDERLAND CAKE STALL!!!</td>
<td>Leah S</td>
<td>Virginia</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Julie McM / Louise S</td>
<td>TROLLEY: Lesley/Wanita</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 16 Dec</td>
<td>Tues 17 Dec</td>
<td>Wed 18 Dec</td>
<td>Thurs 19 Dec</td>
<td>Fri 20 Dec</td>
</tr>
<tr>
<td>WEEK 11</td>
<td>LAST DAY FOR CANTEEN</td>
<td>Closed</td>
<td>Closed</td>
<td>Closed</td>
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</tbody>
</table>

Laura & The Canteen Team

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**Nutrition Snippet**

The simplest way

to include 5 food groups in the Lunch Box

It’s really important your kids eat the right amount of fruit and veg, and food from all 5 food groups.

Follow this easy guide to pack the healthiest lunch box:

- **Breads and cereals.** Try wholemeal bread, wraps and pita.
- **Fruit.** It’s high in fibre, vitamins and minerals. Serve fruit in fun ways, try fruit kebabs or fruit in jelly, and remember kids are more likely to eat it if it’s cut up into small pieces.
- **Vegies.** Pack carrot and celery sticks with hummus or salsa, or even a veggie slice.
- **Reduced Fat Dairy.** A slice of cheese, yoghurts and custards are all great lunchbox items.
- **Lean Protein.** Include a variety of sandwich fillings: cooked chicken, tuna, egg or roast meat. Legumes like red kidney beans and chickpeas are a good source of protein, and a great source of fibre too.

For more information visit
www.eattobeatit.com.au
or join us at facebook.com/eattobeatit
KIDS CLUB NEWS

This week at Kids Club we started our Christmas cooking. We made Gingerbread Men, Christmas cookies and Choc-candy cane bark. All were enjoyed by the children. We also played lots of handball and group games of soccer and touch footy.

VACATION CARE

Term 4 and 2013 is nearly over and it’s time to book into our fantastic vacation care. We have a jam packed program these holidays including visits from The Crazy Scientist with his radical rockets and slime fest program; Wheelchair Sports Roadshow that will teach the children how to use a wheelchair as well as have races and play a game of wheelchair basketball; and Zumba with Miss Kylie from our local dance company Plie Groove n Shuffle. We will also have excursions to the Movies, AMF Bowling and a tour at ANZ Stadium. Mr Whippy may also visit us one day in the centre!

Visit our website www.ooshnb.com.au or click on http://www.ooshnb.com.au/resource/file/vacation-care.pdf to go straight to our forms. The program is also up at the centre, so come in and have a look at what’s on offer.

A reminder that we will be open for the Staff Development Days on the 19th and 20th December as well as the 23rd and 24th December. We will also be open on the 28th January, before we are back at school on the 29th. This service will be at St John’s Kids Club Narraweena.

Spaces will fill up fast, so get in early to secure a spot. Have a great weekend.

The Team at Cromer Kids Club!
www.ooshnb.com.au

NRL COME & TRY CLINIC

The National Rugby League would like to invite your son/daughter to their ‘NRL Come & Try Clinic’ in conjunction with your local Junior Rugby League Club, the Cromer Kingfishers JRLFC.

The NRL Come & Try Clinic provides a great introduction to Rugby League. The session will consist of fun games and challenging activities that will provide an opportunity for your child to improve their coordination, spatial awareness, social skills and fitness. It is also a great way to make new friends!

These sessions are conducted by professional NRL Game Development officers together with Manly Sea Eagles players, and the best thing about the NRL Come & Try Clinic is that it is completely FREE!!

When: 3rd December 2013
Where: St Matthews Farm
Time: 3:30 - 4:30pm

Please note: The NRL Come & Try Clinic is an introduction to Rugby League and aimed at children that are not currently registered with a Junior Rugby League Club.

If you would like your child to participate in the NRL Come & Try Clinic, please complete the registration form on the next page and hand it into the school office or bring it along on the day. Please contact Tim Gee tgee@nrl.com.au or Mel Vayro mvayro@nrl.com.au for more information.
NRL COME & TRY
Registration Form

Surname: ____________________________ First Name: ____________________________

Date of Birth: ____________________________

Address: ____________________________ State: _______ Postcode: ____________

Suburb: ____________________________ Country: ____________________________

Phone: ____________________________ Mobile: ____________________________

Email: ____________________________

Gender (please circle): Male Female

Ethnicity (please circle): Aboriginal African American Asian British European Maori Middle Eastern Pacific Islander Torres Strait Islander

Other: ____________________________ Country of Birth: ____________________________

Mother’s Ethnicity: ____________________________ Father’s Ethnicity: ____________________________

Emergency Contact: ____________________________ Tel: ____________________________

Parent/Guardian: ____________________________ Tel: ____________________________

Email: ____________________________

Have you ever played Junior Rugby League? (please circle) Yes No

Any medical conditions: ____________________________ Allergies: ____________________________

Medical Notes: ____________________________

NRL Team Supported: ____________________________

State Team Supported: ____________________________

How many NRL games do you attend per season? ____________

I give permission for my child to participate in this program.

I acknowledge that there are some risks in body contact sport programs such as these, and I accept the National Rugby League (NRL) and its employees and agents will not be liable for any injuries sustained by my child during the program.

Privacy Statement
The personal information provided on this registration form will be used by NRL for general administration and communication within Rugby League and other matters of welfare relating to your child’s participation in this program. The information will be stored securely and will not be provided to any third parties or used for any purpose other than those outlined.

Publicity Statement
Photographs may be taken of the activities involved with this program. I consent to NRL using the photographs for publicity and promotion of Rugby League.

Refunds and Cancellations
Refunds will not be provided unless NRL received written notice of cancellation from you at least 34 hours prior to the commencement of the program.

In the event that the program is cancelled by the NRL for bad weather or any other reason, a refund of the cost of the program will be made, minus the processing fee charged at the time of payment.

Refunds will be made via a Bank Transfer and it will be the responsibility of the person completing the registration process to advise NRL of their banking information.

I have read and agree with the terms and conditions

Signature: ____________________________ Date: ____________________________
Cromer Community News

ADVERTISING IN COMMUNITY NEWS
We are now accepting business card sized advertisements in our Community News section for Term 1. Cost is $55 per term and must be pre-paid by cash, cheque or credit card.

Holiday Sports Camps
Multi Sport Holiday Camps Forestville Memorial Hall 4-9yrs 9am-3pm
Weekly Multi Sports Programs: Forestville & Worrigie for ages 2.5-5yrs
KerriPep@littlemunchkins.com.au
0408 314 470
Bookings are essential
www.sportylittlemunchkins.com.au

WARRINGAH Recreation Centre
Term 4: Tennis Programs
School Bus Pick-up Service
* After school Junior Coaching
* Adult clinics & Social Tennis
* Private lessons
* School Holiday Camps
Enrol online now!
P: 9938 1831
E: warringah@sydneytennisgroup.com
www.sydneytennisgroup.com.au

www.trifudojo.com.au
Are you a black belt waiting to happen?
Martial Arts for boys and girls.
Learn new skills in a fun environment!
New Narrebeeen location
“The Tramshed”
1395 Pittwater Rd,
Narrebeeen NSW 2101

Special rates
THURSDAYS 4pm & 5.15pm
Call
Daniel: 0410 794 816 or Lynne: 0418 452 262

FIVE SENSES
FACE & BODY REJUVENATION
SPECIAL OFFERS
Simply mention Cromer Primary to receive 50% OFF all facial treatments
Purchase any Pelactiv Product and receive a 2nd one HALF PRICE!
“HOT SHOTS” MLC
HOLIDAY TENNIS & SPORTS CAMP
BEVERLEY JOB PARK
MCINTOSH ROAD NARRAWEENA

Camp 1 - Thurs 19th Fri 20th, Mon 23rd Dec (3 day camp)
Camp 2 - Mon 6th Jan - Fri 10th Jan
Camp 3 - Mon 13th Jan - Fri 17th Jan
Camp 4 - Mon 20th Jan - Fri 24th Jan

Time:  9.00 -12.30 pm OR 9.00 - 3.00 pm
Cost:  $150 for 5 full days $110 - 5 half days
      $110 for 3 full days $80 - 3 half days
Casual rates - $40 per full day OR $30 per half day
Discounts for family members
All camps subject to numbers.

FOR ENQUIRIES OR BOOKINGS CALL
THERESA STAPP on 9981 2592 or (Mob) 0405 424 413
or Email: tmstapp@optusnet.com.au
Junior Development Coach and Hot Shot Mentor for Tennis Australia
Finalist in the NEWCOMBE Medal 2010

50th ANNIVERSARY COMMEMORATIVE BOOK:  Dissection No.: 090 505 - $23

Only a small number of the 50th Anniversary Committee Commemorative Book are still available.

Student Name: ________________________________   Class: ____________
Contact Number: _________________________________________________
Number of Books: ______________ @ $23.00 each Total Cost: ____________

Rotary and Ray White have joined forces to collect gifts for underprivileged children this coming Christmas season.

From the first of December you can contribute to less fortunate families in our community by wrapping up a child’s gift and popping the gift under the Christmas tree at Ray White Narrabeena.

All you need to do is purchase a small gift and deliver it to Ray White Narrabeena 2/72 May Rd 9984 7100 (the shops off Warringah Road). We will happily wrap it for you and pop it under the tree ready for collection.

Your gift will be delivered by Rotary to a family who will appreciate the lift to
NOW offering Show Team Performance Classes and Elite Extension Program along with classes “Just for Fun”.

Ballet (RAD), Jazz, Hip Hop, Tap, Tiny Tots, Boys Only, Acro, Leaps and turns, Strength and Conditioning, Stretch, Contemporary.

Classes conveniently held at Cromer Public School and at our new professional Studios 24 Middleton Rd Cromer

Phone 8084 9339
www.nbdanceco.com
admin@nbdanceco.com

Support the Cromer-Dee Why Scouts through our fund-raising Christmas Tree Sale!